The 7 Secrets of Super Efficiency College Students

52% of students often or very often work harder than they thought they could to meet an instructor’s standards or expectation.
69% say their coursework puts quite a bit or very much emphasis on analyzing the basic elements of an idea, experience or theory.
74% say their college puts quite a bit or very much emphasis on spending significant amounts of time studying.
63% say their coursework puts quite a bit or very much emphasis on using information they have read or heard to perform a new skill.

The 7 Secrets of Super Efficiency College Students workshop will be able to:

1. Unfold discovering personal mission, goals, prioritizing task
2. Unfold natural intelligent gives a memorable academic experience which will last long life time
3. Reroute & molding habits & patterns
4. Develop harmony relationship with peer teams and faculty lectures
5. Inner commit to self-improvement and pattern renewal
6. First time in life discover INTRINSIC techniques of MIND

Challenge

For many it requires a much larger effort than high school did, college packs about two years of classes into one. Besides required remembering more homesickness, depression and roommates can be issue. If ever they have chances to not to repeat revision then it’s golden age of college life! Can’t control certain another heights of adulthoods shift; it will burst, but can route it from inner tuning.

- New Student Orientation
- Athletes
- Control adoptability & learning to say no
- Building higher resistance towards outside world effects
Solution
The 7 Secrets Rhythm for Super Efficiency College Students is world’s first unique solution to enable and tap the inner self individual and integrate with perfect puzzle game in harmony within their external contacts.

A workshop will complement towards any training yet to be attend from college to work place.

You can’t teach theoretically to ride bicycle. As such a person can’t teach or train another individual theoretically about Attention to Detail, Integrity, Self Control, Analytical Thinking, Concern for Others, Cooperation, Independence, Innovation, Persistence and even Adaptability.

Practically knowing the 7 great techniques to uplift Cognition process.

Daily 7 minutes practice which develop Alert, Active Brain, Reset Mind, Focus, Memory, Creative, Stabilizing Left & Right Brain & Alpha Level Thinking. Techniques to reserve past time, buy future time within current moment. A rare expose by Psychologist & Mind Experts to corporate world! Tracking unaware thoughts within sub-conscious mind. Erase unwanted past/present/future sub-conscious thoughts.

- Increase the sustainability excelling in study as well curriculum activities
- Improved team study
- Increase productivity & accountability
- Tuning college student and academic & sports the core objective & goals

<table>
<thead>
<tr>
<th>ACADEMIC</th>
<th>ITS UNFOLDING TASK</th>
<th>SCORING IS DELIVER</th>
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<tbody>
<tr>
<td>SPORTS</td>
<td>GREATER STAMINA</td>
<td>FULFILLING ACTIVITY</td>
</tr>
<tr>
<td>STUDY LIFE PROCESS</td>
<td>BALANCING APPROACH</td>
<td>WHOLENESS</td>
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</tbody>
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Self drive priority in workflow surface from virtual mind to physical works.

Quick guides
- Summary notes on techniques
- Fact of Extrinsic life style
- Passport to The 7 Secrets Workbook
- An optional pre-and-post assessment to measure management effectiveness.

- Sexual potency is enhanced yet craving is brought within control.
- Maintaining youthfulness & build in anti-aging process.
# The 7 Secrets Rhythm for Super Efficiency College Students

## 1 Day

<table>
<thead>
<tr>
<th>TIMELINE</th>
<th>SECRET &amp; COMPETENCIES</th>
<th>PARTICIPANT WILL BE ABLE TO UNFOLD</th>
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</table>
| Secret 1 – Brain Activeness | • Leading towards Proactive from inner level  
  • Increase Alerting level Crystal clear  
  • Respond rather then re-act  
  • Effort of ANTS required act of HORSE  
  • Reserve past to moments | |
| Secret 2 – Resetting Mind | • Activating faculty of begin end in mind  
  • Fix to match relationship to higher scale  
  • Reset mind to newer & higher Mission & Vision  
  • Inner level execution of created mission statement  
  • Intrinsically managed & moderate the thoughts (3conscious) | |
| Secret 3 – Focus & Concentration | • Priority from inner level  
  • Balance priority  
  • Task execution before timeline  
  • Automated effective time management | |
| Secret 4 – Creative | • Unique creative team leaders quality unfolding to comply leaders  
  • High trust relationship  
  • Releasing acceptable negotiation skills  
  • Effective collaboration  
  • Balance both logic team leadership of ARMY style and creative leadership of ARTS style. | |
| Secret 5 – Memory Power | • Understand & Understood become practical  
  • Acquiring new course/policy knowledge is back by memory  
  • Listening, seeing, reading skills unfold multitude  
  • Recalling ability beyond digital device  
  • Photo memory | |
| Secret 6 – Stabilizing Both Brains | • Unfold faculty of synergize  
  • Super problem solving will be unfold  
  • Value & perform task from super heights  
  • Leverage diversity, collaboration & innovation | |
| Secret 7 – Alpha Level Mind | • Super Efficiency College Students fly like EAGLE act like TURTLE  
  • Continuity self learning & improvement  
  • Automated stress management  
  • Buy future time in any moments | |

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| Extrinsic Life Style | • Meals  
  • Space  
  • Detoxification | |

## Optional

Another 1 Day Workshop.  
Essential for Assessment Model  
Design & Train by A Project Expert from Swiss, SUMMSO.